

## Insurance worksheet

Preventive Dental Services- Routine dental procedures like cleanings and x-rays are considered preventive, or diagnostic, services. As the name implies, **preventive care services help you to maintain good oral health and can identify possible problems early**, saving you from pain and greater expenses later.

### Common Preventive Dental Services & Their CDT code (billing codes)

Examinations	CDT 0120 & 0150
Dental cleanings	CDT 1110 & 4910

% of PREVENTIVE my plan will cover \_\_\_\_\_

Basic Dental Services-When you get into restorative work like fillings, you move beyond preventive care and into basic dental services. Just remember, **preventive work stops potential problems or corrects them early to get your oral health on the right track; basic services are restorative work to fix damage that has already occurred.**

### A Common Basic Dental Services CDT code (billing code)

Composite Fillings (code depends on how many surfaces are diseased) codes for anterior teeth are CDT 2330, 2331, 2332

% of BASIC my plan will cover \_\_\_\_\_

Major Dental Services-Complex dental work and surgical procedures, like implants, are classified as major dental services. **These services are often lengthy or complex procedures to address issues that may have been caught and mitigated by earlier preventive care.**

### A Common Major Dental Service

Porcelain Crown – CDT 2740

% of MAJOR my plan will cover \_\_\_\_\_

### questions to ask my plan or HR department about these codes specific to my health:

CDT CODE \_\_\_\_\_

MAC or UCR reimbursement \$ from my plan \_\_\_\_\_

% coverage on the UCR / MAC \_\_\_\_\_

CDT CODE \_\_\_\_\_

MAC or UCR reimbursement \$ from my plan \_\_\_\_\_

% coverage on the UCR / MAC \_\_\_\_\_

CDT CODE \_\_\_\_\_

MAC or UCR reimbursement \$ from my plan \_\_\_\_\_

% coverage on the UCR / MAC \_\_\_\_\_